



Words All Around

Your child learns best from what you say and do, so read everything you can out loud. Read signs outside, recipes, or ads in a magazine. Be sure to point! Do they imitate any of your words or sounds? Do they point, too? Go back and forth with them, pointing and reading out loud.

Ages 1-2



Brainy Background

powered by Mind in the Making

By introducing your child to different types of things to read, you help them make the earliest connections between written words and what they stand for. This kind of back and forth conversation, even before they have words, is building their communication skills.

For more activities like these, check out the free Daily Vroom app!

#85



Silly Faces

After brushing your child's teeth at night, play a silly game together in the mirror. Ask them to make a funny face and then imitate them. Then switch and have them imitate your silliest face. There's no limit to how much fun you can have together!

Ages 1-2



Brainy Background

powered by Mind in the Making

Taking turns imitating each other gives your child practice paying attention to your silly face so that they can copy it. Paying attention helps them concentrate and focus—important skills when it comes to learning and solving problems.

For more activities like these, check out the free Daily Vroom app!

#310



Toothy Wonder

When you're brushing your child's teeth, look in the mirror together. Talk about how your teeth are the same and different from theirs. For example, you have more teeth, and bigger teeth, but you both can make funny faces. Follow their lead and talk with them about what they notice.

Ages 1-2



Brainy Background

powered by Mind in the Making

Comparing things that are the same and different will help your child sort their experiences into categories and make connections—skills that are important in reading, math, and science in the future. This also builds their connection with you!

For more activities like these, check out the free Daily Vroom app!

#342



Dirty Dishes, Goofy Giggles

While you clean up the dirty dishes, show your child a dirty dish and say “yuck” with a funny face. Your expression should make them giggle. With each new dish, use a new word, such as “sticky” or “goopy.” See what funny words they can come up with too.

Ages 1-2

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Brainy Background

powered by Mind in the Making

Your child learns communication skills from your tone of voice, facial expressions, body movements, and words. They also learn to love the sound of words when you use funny words.

For more activities like these, check out the free Daily Vroom app!

#392



Name That Dish

While you put away the clean dishes, hold each one up and ask your child to “Name that Dish!” Plate! Bowl! Fork! And so on. Make it fun like a game show. You hold up the item, they tell you what it is, or you say what it is, then on to the next one!

Ages 1-2

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Brainy Background

powered by Mind in the Making

Your child learns to make connections between words and objects when they can see it and hear them at the same time. These connections are important to developing talking and reading skills.

For more activities like these, check out the free Daily Vroom app!

#397



Cleaning Together

Turn cleaning a surface into a game. Give your child a clean, almost-dry sponge and ask them to help you wipe off a surface you're cleaning. Ask them to wipe it clean in long lines from top to bottom. Then try making a zigzag. Then circles. See what they think of too!

Ages 1-2

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Brainy Background

powered by Mind in the Making

Doing “grown-up work” can make your child feel very proud of themselves and their accomplishments. In addition, they're learning how to take care of the things in their life and is also learning new words too!

For more activities like these, check out the free Daily Vroom app!

#401



Singing While You Change

Sing one of your favorite children's songs to your child while you change them, but put their name in the song: "Row, row, row (your child's name) boat, gently down the stream," or "Rock-a-bye (your child's name) in the treetop." Encourage them to sing along too.

Ages 1-2



Brainy Background

powered by Mind in the Making

Your child is learning new words and sounds when you sing. The more meaningful and playful words they hear, the more they will appreciate language. This will help them learn more words to use when they begin to talk.

For more activities like these, check out the free Daily Vroom app!

#431



Peekaboo Box

Everyday items make great toys. Give your child an empty tissue box and a spoon. Let them see you put the spoon into the box. Do they watch? Shake the box. Reach in and take the spoon out. Giggle. Now it's their turn. Give them the spoon. What do they do?

Ages 1-2



Brainy Background

powered by Mind in the Making

It's a simple game, yet your child is exploring a big idea: Objects and people still exist even when they're out of sight. Although it will take until they're around two to really learn this, the practice is fun! Play this game often.

For more activities like these, check out the free Daily Vroom app!

#787



Lid Match

Find containers around the house with different covers, like a pot and a lid, a shoebox and its top, and an empty plastic bottle with a cap. Encourage your child to match the lids with the containers and then to try putting the tops on and taking them off again. As they get better at matching, give them more lids and containers.

Ages 1-2



Brainy Background

powered by Mind in the Making

When your child works to match lids and containers, they're focusing, tuning out distractions, and using what they already know to make connections and problem solve. You help them build these skills when you encourage them to test out ideas and come up with their own answers.

For more activities like these, check out the free Daily Vroom app!

#959