

**vroom**  
Brain building moments

### Faces and Feelings

Grab a book, piece of mail, or magazine and point to a face in one of the pictures. Have your child mimic it. Ask what he thinks the person is feeling. Talk together about when your child might have felt this way.

The first **5** years are when children's brains grow fastest. With simple activities like this one, you can make every moment with your baby a brain **Building** one.

Learn more at [joinvroom.org](http://joinvroom.org)

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