

# Prevent

## Colds · Flu · MRSA · TB

### It's Simple!!



**Wash your  
hands  
thoroughly!**

**(At least 20 seconds, and dry well.)**

A health message brought to you by this organization and...



Lackawanna County Chapters



United Way of  
Lackawanna County

CCM

Central City Ministerium  
Scranton, Pennsylvania