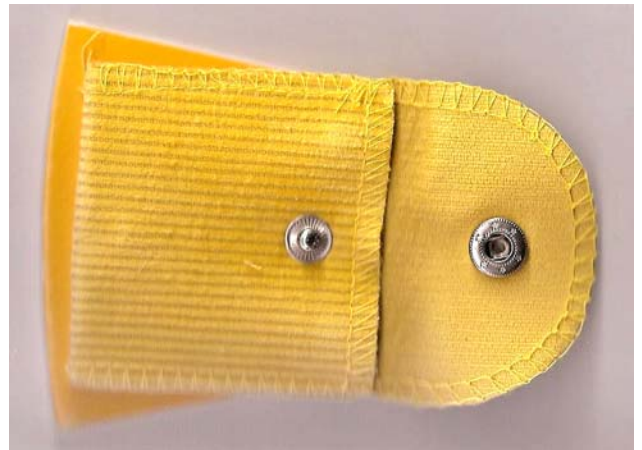


Personal Self Help Skills are some of the most important skills that your child should have prior to entering kindergarten. Some things to think about and practice are:

Does your child know how to zipper their own coat, pants, sweaters?



Can he snap his pants or jacket?



Can she button her skirt?



It's certainly not expected that your child know how to tie their shoes when entering kindergarten, but if the opportunity arises and they want to give it a try - give it a try. Remember everyone enters kindergarten at different skill levels.



Remember belts are tricky, if your child needs a belt with their pants - make sure you practice using the belt before school starts.

